



TACHÉ COMMUNITY DAY CARE

From Our Kitchen To Yours:

The winter season will be filled with fresh homemade baking, hearty soups, stews and casseroles. The children love to help me prepare some of my baking and they are getting really good! If you have recipes that you would love to share drop them off in the kitchen anytime. We always love new ideas. Remember that Taché Community Day Care is a peanut-free centre.

From Deborah, The Cook

Menu A

(February 20-24)

	Monday	Tuesday	Wednesday	Thursday	Friday
AM SNACK	Cereal Bananas Milk	Yoghurt Graham Crackers Juice	Waffles Bananas Milk	Cereal Raisins Apples Milk	Fruit Cocktail Arrowroot Cookies Milk
LUNCH	Pork Roast Potatoes Vegetables Gravy Pears	Tomato Soup Ham Buns Saltines Cucumbers Apples	Chicken Strips Tater Tots Vegetables Pears	Mac & Cheese Wieners Peas Oranges	Chicken Noodle Soup Buns Saltines Apples
PM SNACK	Pea Butter & Jam Buns Apples Milk	Cookies Bananas Milk	Multigrain Crackers & Dip Cheese Juice	Fruit Crumble Apples Milk	Rice Cakes Cheese Whiz Pears
All Lunches are served with Milk!					

Menu B

(February 27-March 2)

	Monday	Tuesday	Wednesday	Thursday	Friday
AM SNACK	Cereal Oranges Milk	Graham Crackers Cream Cheese Bananas Milk	Apple Sauce Arrowroot Cookies Milk	Cereal Bananas Milk	Fruit Loaf Apples Milk
LUNCH	Garlic Sausage Perogies Sour Cream Peas Oranges	Chicken Ranch Wraps Cucumbers Honeydew	Spaghetti Tomato & Meat Sauce Tossed Salad Pears	Tomato Macaroni Soup Grilled Ham & Cheese Carrots Oranges	Camping Stew Buns Oranges Apples
PM SNACK	Cheese Scones Apples Milk	Vegetable Straws Veggies & Dip Milk	Rice Chips Pears Milk	Crackers Cheese Pickles Juice	Cinnamon Pita Chips Apples Yoghurt Dip
All Lunches are served with Milk!					

Menu C

(March 5-9)

	Monday	Tuesday	Wednesday	Thursday	Friday
AM SNACK	Peaches Graham Crackers Milk	Corn Flakes Bananas Milk	Yoghurt Animal Crackers Juice	Multigrain Cereal Oranges Milk	Muffins Bananas Milk
LUNCH	Octopus Chicken Wieners Buns Pork Beans Carrot Sticks Apples	Shepherd's Pie Vegetables Oranges	Chicken Buns Mushroom Soup Snap Peas Cucumbers Saltines Grapes	Soft Tacos Cucumbers Pears	Pizza Goldfish Crackers Tossed Salad Oranges
PM SNACK	Crackers Meat Paste Cucumbers Juice	Trail Mix Cheese Apples	Cookies Apples Milk	Taco Chips Salsa Apples Milk	Rice Cakes Apples Milk
All Lunches Are Served With Milk!					

Menu D

(March 12-16)

	Monday	Tuesday	Wednesday	Thursday	Friday
AM SNACK	Cereal Bananas Milk	Yoghurt Graham Crackers Juice	Fruit Cups Arrowroot Cookies Milk	Bagels Cream Cheese Cantaloupe	Cereal Oranges Milk
LUNCH	Chicken Cantonese Noodles Spring Rolls Pears	BQ Sauce Sloppy Joes Veggies & Dip Apples	Pancakes Pork Sausage Cucumbers Oranges	Hamburger Mushroom Noodle Bake Rye Bread Vegetables Oranges	Ham & Cheese on Rye Tomato Noodle Soup Saltines Pears
PM SNACK	Granola Squares Apples Cheese	Pudding Cones Bananas	Apple Sauce Pretzels Milk	Trail Mix Pears Milk	Mini Cheese Pizza Oranges
All Lunches Served With Milk!					

